



Daniel Gracie Holland

TEAM COHI

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
10:00 AM	BJJ Gi (all levels)	BJJ Gi (all levels)	BJJ Gi (all levels)	BJJ No gi (all levels)	BJJ Gi (all levels)		
11:00 AM							
12:00 PM							
5:30 PM	Kids BJJ		Kids BJJ	Kids BJJ			
6:30 PM	BJJ Gi (all levels)	BJJ Gi (all levels)	BJJ Gi (all levels)	BJJ Gi (all levels)	BJJ Gi (all levels)		
7:30 PM		BJJ No gi (all levels)		BJJ No gi (all levels)			